When Traveling with Youth . . . .

Permission and Preparation
- Vestries/Bishop’s Committee’s need to approve official activities, be ready with the following details when you make your request:
  - When and where are you going?
  - Who is supervising and is the ratio of adults to youth satisfactory?
  - Are adults Safeguarding Trained and Background checked?
  - What is the budget?
  - How are you traveling?
  - Is appropriate insurance in place to cover liability?

- Parents need to know this is an approved event in terms of sponsorship at either Provincial, Diocesan or Congregational Level. Thus, the above must be fulfilled BEFORE you issue Permissions and Waivers. Sample forms are here: http://bit.ly/EYE17Forms
  - Parental/Guardian permission for specific event and travel
  - Medical and Media releases (copies with you and left at home and digital)
  - Signed covenant for expectations, behavior, consequences, emergency plans

- Formation and Education
  - Why are you going?
  - What will you do when you get there?
  - What if your plans don’t work out once you are at your destination?
  - How will you pray and process each day?
  - What do you hope to take home?
  - Read and review tips on Pilgrimages/Marches/Protests as needed (LINK)

Packing
- Research the weather, plan for appropriate layers, pack light!
- Toiletries - review TSA/airline rules for liquids, gels, and carry-ons if flying
- All prescriptions in original containers w/ back-up epipens and inhalers
- Appropriate foot-wear is a must
- Water bottle (empty when flying) and pre-packaged snacks
- Cell phone chargers
- Contact lists for participants and emergency back-up (carry this everywhere and keep a copy in an online location)
- Sleeping bags, etc. if needed
- As leader, plan to bring an extra bag for extra toiletries, first-aid kid, other supplies.

Be prepared to be in compliance with Model Policy practices for the Prevention of Sexual Abuse with Children. Discuss expectations and practices with chaperones and youth.