<table>
<thead>
<tr>
<th><strong>EXPLORE THE WAY OF LOVE: GETTING STARTED</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Individual</strong></td>
</tr>
<tr>
<td><strong>TURN</strong> Pause, listen, and choose to follow Jesus.</td>
</tr>
<tr>
<td>The next time you’re making a decision, ask God, “What would you have me do?”</td>
</tr>
<tr>
<td><strong>Small Group</strong></td>
</tr>
<tr>
<td>Share with your group a moment when you experienced God’s love for you or your love for God and it changed your path.</td>
</tr>
<tr>
<td><strong>Congregation</strong></td>
</tr>
<tr>
<td>Leave a pause for genuine reflection before the Confession during worship. Perhaps add a note in the worship bulletin that encourages this.</td>
</tr>
<tr>
<td><strong>EXPLORE THE WAY OF LOVE: GOING DEEPER</strong></td>
</tr>
<tr>
<td>---------------------------------------------</td>
</tr>
<tr>
<td><strong>TURN</strong> Pause, listen, and choose to follow Jesus.</td>
</tr>
<tr>
<td><strong>LEARN</strong> Reflect on Scripture each day, especially on Jesus' life and teachings.</td>
</tr>
<tr>
<td><strong>PRAY</strong> Dwell Intentionally with God each day.</td>
</tr>
<tr>
<td><strong>WORSHIP</strong> Gather in community weekly to thank, praise, and dwell with God.</td>
</tr>
<tr>
<td><strong>BLESS</strong> Share faith and unselfishly give and serve.</td>
</tr>
<tr>
<td><strong>GO</strong> Cross boundaries, listen deeply, and live like Jesus.</td>
</tr>
<tr>
<td><strong>REST</strong> Receive the gift of God's grace, peace, and restoration.</td>
</tr>
</tbody>
</table>

**Individual**

End each day examining when you felt yourself following God closely and when you felt distant from God. What made the difference?

- Read Scripture each day
- Set aside a time to pray daily for others
- Notice new people at your worship service
- Make a plan to give a set proportion of your annual income for ministry
- Participate in a reconciling practice, such as training for racial healing/anti-racism, nonviolence, refugee advocacy, or StorySharing
- Choose a day of the week on which you will observe Sabbath practices, such as simplicity, physical rest, and unplugging. Commit to this rhythm for a season

**Small Group**

Practice confession. Take turns sharing a story of when you have needed to forgive or to be forgiven. Discuss why forgiveness matters.

- Take turns preparing a Bible study lesson on your favorite passage of Scripture
- Break into groups of two or three to pray
- Look at the liturgical calendar together
- Record your testimonies. Using a smartphone to record, share a three-minute story of God's work in your life
- As a group, prayerfully choose a group or ministry that is doing reconciling work (racial, creation care, economic, political) of some kind, and volunteer with it quarterly

**Congregation**

Use the Way of Love Commitment Covenant to help your congregation recommit to following Jesus together

- Add Bibles to your worship space and make them available to members and newcomers
- Set up a prayer ministry in which people are accountable for gathering prayers of the people and the world and praying weekly
- Ask members to describe a worship gathering they would invite friends to
- Do a spiritual gifts inventory and invite members to take up or let go of ministries based on their gifts
- As a congregation, identify the justice concern that is closest to your hearts. Find a concrete way to join in the work of healing

**Individual**

- Practice confession. Take turns sharing a story of when you have needed to forgive or to be forgiven. Discuss why forgiveness matters.
- Take turns preparing a Bible study lesson on your favorite passage of Scripture. Use these lessons in your meetings until everyone has shared.
- Break into groups of two or three to pray. Speak simply, naturally, and directly to God with each other: Say to God what you are thankful for, what you desire and yearn for, what you are carrying as sorrows or burdens.
- Look at the liturgical calendar together. Pick a saint or feast day to celebrate as a group. Prepare foods, read the history, sing songs, and say the prayers associated with that day.
- Record your testimonies. Using a smartphone to record, share a three-minute story of God's work in your life. Consider stories of conversion, such as baptism, new church membership, or confirmation, as themes. Share the videos on social media.
- As a group, prayerfully choose a group or ministry that is doing reconciling work (racial, creation care, economic, political) of some kind, and volunteer with it quarterly.

**Small Group**

- Practice confession. Take turns sharing a story of when you have needed to forgive or to be forgiven. Discuss why forgiveness matters.
- Take turns preparing a Bible study lesson on your favorite passage of Scripture. Use these lessons in your meetings until everyone has shared.
- Break into groups of two or three to pray. Speak simply, naturally, and directly to God with each other: Say to God what you are thankful for, what you desire and yearn for, what you are carrying as sorrows or burdens.

**Congregation**

- Use the Way of Love Commitment Covenant to help your congregation recommit to following Jesus together.
- Add Bibles to your worship space and make them available to members and newcomers. Include page numbers in your worship bulletin so people can follow along.
- Set up a prayer ministry in which people are accountable for gathering prayers of the people and the world and praying weekly.
- Ask members to describe a worship gathering they would invite friends to
- Do a spiritual gifts inventory and invite members to take up or let go of ministries based on their gifts.

**Individual**

- End each day examining when you felt yourself following God closely and when you felt distant from God. What made the difference?
- Read Scripture each day, perhaps a passage from the Daily Office. Reflect on the passage by journaling for five minutes.
- Set aside a time to pray daily for others. Include three minutes of intentional silence, asking God to speak to you.
- Notice new people at your worship service. If possible, sit next to them and help them engage with the service fully.
- Make a plan to give a set proportion of your annual income for ministry.

**Small Group**

- Practice confession. Take turns sharing a story of when you have needed to forgive or to be forgiven. Discuss why forgiveness matters.
- Take turns preparing a Bible study lesson on your favorite passage of Scripture. Use these lessons in your meetings until everyone has shared.
- Break into groups of two or three to pray. Speak simply, naturally, and directly to God with each other: Say to God what you are thankful for, what you desire and yearn for, what you are carrying as sorrows or burdens.

**Congregation**

- Use the Way of Love Commitment Covenant to help your congregation recommit to following Jesus together.
- Add Bibles to your worship space and make them available to members and newcomers. Include page numbers in your worship bulletin so people can follow along.
- Set up a prayer ministry in which people are accountable for gathering prayers of the people and the world and praying weekly.
- Ask members to describe a worship gathering they would invite friends to
- Do a spiritual gifts inventory and invite members to take up or let go of ministries based on their gifts.

**Individual**

- End each day examining when you felt yourself following God closely and when you felt distant from God. What made the difference?
- Read Scripture each day, perhaps a passage from the Daily Office. Reflect on the passage by journaling for five minutes.
- Set aside a time to pray daily for others. Include three minutes of intentional silence, asking God to speak to you.
- Notice new people at your worship service. If possible, sit next to them and help them engage with the service fully.
- Make a plan to give a set proportion of your annual income for ministry.

**Small Group**

- Practice confession. Take turns sharing a story of when you have needed to forgive or to be forgiven. Discuss why forgiveness matters.
- Take turns preparing a Bible study lesson on your favorite passage of Scripture. Use these lessons in your meetings until everyone has shared.
- Break into groups of two or three to pray. Speak simply, naturally, and directly to God with each other: Say to God what you are thankful for, what you desire and yearn for, what you are carrying as sorrows or burdens.

**Congregation**

- Use the Way of Love Commitment Covenant to help your congregation recommit to following Jesus together.
- Add Bibles to your worship space and make them available to members and newcomers. Include page numbers in your worship bulletin so people can follow along.
- Set up a prayer ministry in which people are accountable for gathering prayers of the people and the world and praying weekly.
- Ask members to describe a worship gathering they would invite friends to
- Do a spiritual gifts inventory and invite members to take up or let go of ministries based on their gifts.