

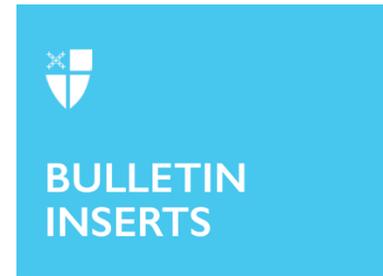


**August 19, 2018**  
**The Way of Love: Practices for Jesus-Centered Life**

*“I pray that you, being rooted and established in love, may have power, together with all the Lord’s holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.” – Ephesians 3:17-19*

In the first century Jesus of Nazareth inspired a movement. A community of people whose lives were centered on Jesus Christ and committed to living the way of God’s unconditional, unselfish, sacrificial, and redemptive love. Before they were called “church” or “Christian,” this Jesus Movement was simply called “the way.” Today I believe our vocation is to live as the Episcopal branch of the Jesus Movement. But how can we together grow more deeply with Jesus Christ at the center of our lives, so we can bear witness to his way of love in and for the world? The deep roots of our Christian tradition may offer just such a path. For centuries, monastic communities have shaped their lives around rhythms and disciplines for following Jesus together. Such a pattern is known as a “Rule of Life.” The framework below – The Way of Love: Practices for Jesus-Centered Life — outlines a Rule for the Episcopal branch of the Jesus Movement.

It is designed to be spare and spacious, so that individuals, ministry groups, congregations, and networks can flesh it out in unique ways and build a church-wide treasure trove of stories and resources. There is no specific order you need to follow. If you already keep a Rule or spiritual disciplines, you might reflect and discover how that



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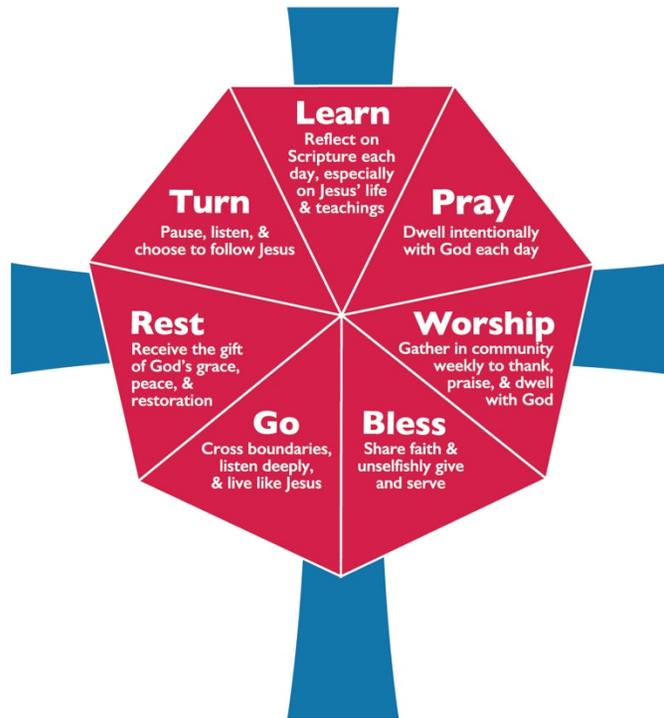
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path intersects with this one. By entering into reflection, discernment and commitment around the practices of Turn – Learn – Pray – Worship – Bless – Go – Rest, I pray we will grow as communities following the loving, liberating, life-giving way of Jesus. His way has the power to change each of our lives and to change this world.

Your brother in the Way of Jesus,

The Most Reverend Michael B. Curry  
 Primate and Presiding Bishop  
 The Episcopal Church

*Next week: Go deeper into the Way of Love*



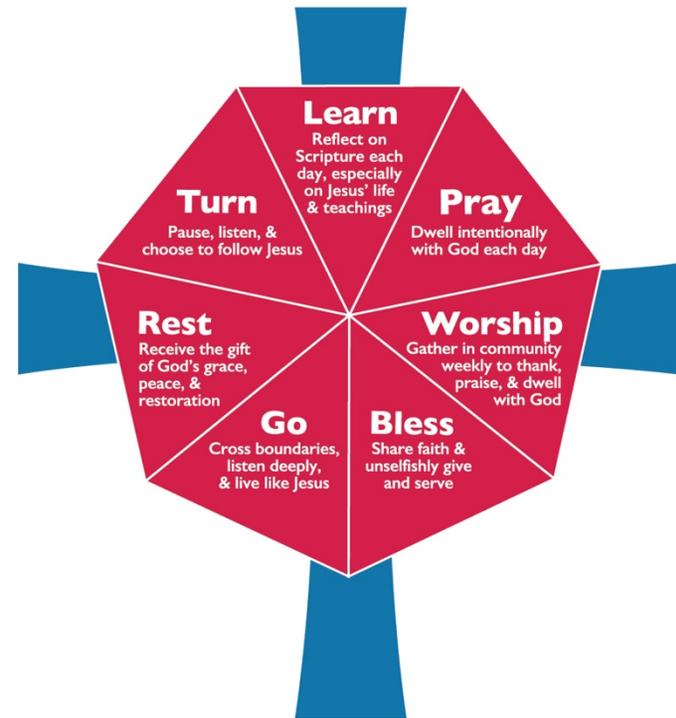
**THE WAY OF LOVE**  
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